

NIBBLES

- Mixed Olives** with sun blushed tomatoes and garlic - £5 (GF, VE)
Deep Fried Pickles with tartare sauce - £6 (V)
Homemade Bread with butters - £5 (V, VEO)

STARTERS

- Serrano Ham and Cheese Croquettes** with aioli - £8
Prawn Cocktail - Prawns in a Marie rose sauce with lettuce and homemade bread - £10 (GFO)
Tempura Prawns with sweet chilli sauce - £10
Sticky Asian Style Tofu Bites with mixed leaf and spicy pickled cucumber - £9 (GF, VE)
Salt & Pepper Chicken - Shallow fried crispy chicken with pickled slaw, pink ginger and gochujang mayonnaise - £8.50 (GF)
Chicken Liver Pate with chilli jam and toasts - £9 (GFO)
Warm Goats Cheese - Goats cheese, roasted beetroot, walnuts and hot honey - £8 (GF, V)
Homemade Hummus with pitta bread - £7.50 (V)

Please advise of any allergies/intolerances when ordering

GF/GFO – Gluten free/Gluten free option
V – Vegetarian VE/VEO – Vegan/Vegan Option



MAINS

- Fish & Chips** - Beer battered haddock, chunky chips, mushy peas and tartare sauce - £16 (GFO)
BBQ Baby Back Pork Ribs with skinny fries and dressed mixed leaf - £19 (GFO)
Fish Pie – Fish, prawns, boiled egg & peas in a creamy sauce, cheesy mash & greens - £17 (GF)
Sugar Glazed Duck Breast with sweet potato mash, savoy cabbage, peas and red currant gravy - £20 (GF)
Slow Cooked Beef Shin Lasagne with dressed mixed leaf and garlic bread - £18
Chicken Thai Green Curry with jasmine rice, charred lime and spicy pickled cucumber - £18 (GF)
Swap For **Jackfruit** (VE, GF)
Chicken Caesar Salad - Grilled chicken, pancetta bacon, gem lettuce, Parmesan, anchovies, croutons and Caesar sauce - £18 (GFO)
Hot Smoked Salmon Caesar Salad with gem lettuce, boiled egg, new potatoes, anchovies, parmesan and Caesar Dressing - £19 (GF)
Mixed Mushroom, Thyme and Black Garlic Pearl Barley Risotto with a Parmesan Crisp - £18 (V, VEO)

BURGERS

- Parrot Burger** - Beef patty, slow cooked BBQ beef shin, melted Cheddar cheese, mixed pickles and homemade burger sauce - £17
Halloumi Burger - Grilled hot honey halloumi, guacamole, pickles and garlic mayonnaise - £16 (V)

All burgers are served in a brioche bun with skinny fries, lettuce and tomato

STEAKS

- Grilled steaks all served with chips or skinny fries, grilled tomato, mushroom and dressed salad
FILLET, 6oz - £26
RIB EYE, 8oz - £25
RUMP, 8oz - £21
CAULIFLOWER STEAK, in vegan miso butter - £16.50 (VE, GF)
Add a sauce or butter - Peppercorn sauce £3, Blue cheese sauce £3, Marmite butter £2, Garlic butter £2

SIDES

- Chunky chips £5 Skinny fries £5,
Buttered new potatoes - £5, Mac and cheese £6,
Seasonal vegetables - £5, Dressed salad - £5
Garlic bread - £5 add cheese £6

SEE DAILY SPECIALS FOR FRESH FISH & OTHER DISHES

Food available Tuesday – Saturday
12-2.30pm & 5.30 – 8.30pm
Sunday 12pm – 4.30pm